



Memorial Hospital, Chester's healthcare heroes are popping up on smartphones and computer screens across southern Illinois thanks to their educational Facebook videos.

In "Please Stay at Home," healthcare heroes from all departments—nurses, doctors, technicians—take a moment from their busy schedules to champion the benefits of social distancing in fighting COVID-19.

They say:

*"Please stay home so we can continue to care for everyone who needs medical attention."*

*"You can stop the spread of COVID-19."*

*"By simply staying home, you're keeping you, your family and other safes."*

Memorial Hospital, Chester takes a personal approach to connect with their community. It's a stressful time, so staff was inspired to share another message: "We're All In This Together."

Memorial Hospital, Chester sits on the bluffs of the Mississippi River in the town of Chester, the home of Popeye. While the cartoon hero gained strength from eating spinach, real heroes—like the ones at Memorial—keep their towns strong through unwavering dedication.

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